

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Haarler Laura

Coaches: Maes Koen HEADCOACH

Coaches: Dekoninck Nicole

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 14:53
Heat: 2/10 Lane : 2 Athlete: MEYLAERS SEPPE					Q-time: 01:40:66
PB (25m pool): 01:40.66 Hasselt 04/10/2026					PB (50m pool): 01:40.36 SB: 01:40.66 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.72		01:40.66	
	00:47.72		00:52.94		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:8, starttime: 15:06
Heat: 8/10 Lane : 8 Athlete: BOLLEN WARRE					Q-time: 01:28:83
PB (25m pool): 01:28.83 Pelt 27/09/2026					PB (50m pool): 01:31.28 SB: 01:28.83 Pelt 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.21		01:28.83	
	00:42.21		00:46.62		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:2, starttime: 16:28
Heat: 2/10 Lane : 6 Athlete: MEYLAERS SEPPE					Q-time: 01:25:50
PB (25m pool): 01:25.50 Pelt 27/09/2026					PB (50m pool): 01:27.34 SB: 01:25.50 Pelt 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.68		01:25.50	
	00:41.68		00:43.82		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: PZC

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:8, starttime: 16:42
Heat: 8/10 Lane : 5 Athlete: BOLLEN WARRE					Q-time: 01:15:90
PB (25m pool): 01:15.90 Hasselt 04/10/2026			PB (50m pool): 01:16.96 SB: 01:15.90 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.16		01:15.90	
	00:37.16		00:38.74		
					

Coach feedback:

Event number: 49: 50M BUTTERFLY WOMEN 13-14					Heat:2, starttime: 17:18
Heat: 2/4 Lane : 2 Athlete: MAES LEONIE					Q-time: 00:32:90
PB (25m pool): 00:32.90 Temse 17/11/2025			PB (50m pool): 00:32.99 SB: no time		
	2 5 M	5 0 M			
PB		00:32.90			
	00:32.90				
					

Coach feedback:

Event number: 49: 50M BUTTERFLY WOMEN 13-14					Heat:2, starttime: 17:18
Heat: 2/4 Lane : 8 Athlete: VLASSAKS ROSALIE					Q-time: 00:33:37
PB (25m pool): 00:33.37 Hasselt 12/10/2025			PB (50m pool): 00:34.03 SB: 00:33.52 Hasselt 04/10/2026		
	2 5 M	5 0 M			
PB		00:33.37			
	00:33.37				
					

Coach feedback: